

## Workshop Outline: "What's My Style?"

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**Children learn in a variety of ways, but what works for one may be counter-productive to another. How do *your* students learn best?**

This workshop leads students through a learning style assessment (from the book, *Discover Your Child's Learning Style*, by Willis & Hodson) giving them first-hand understanding of what it all means, insights into their learning style, and how to best help themselves with test preparation and homework. This assessment looks at five key areas: disposition, talents, interests, modality, and learning environment.



Potential benefits of this workshop include:

- Raising students' self-awareness about their learning styles, talents, interests, etc.
- Gaining valuable insights that assist with homework & test preparation
- Positive relational & academic changes in the classroom and at home
- Encourages discussion between children, parents, and the school
- Gain a *comprehensive* view of learning styles—beyond auditory, visual, & kinesthetic modalities
- Receive personalized assistance from a Certified Professional Parenting & Youth Coach

### About Youth Coach Canada

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**Youth Coach Canada (YCC) is a registered non-profit organization** founded by International Parenting & Youth Coach, Rob Stringer, BA, BEd, CPC in 2008.

**YCC helps kids, teens, and young adults meet with success** by making professional life coaching services & programs available to youth, as well as workshops for parents, educators, and others who support today's youth.

**YCC is dedicated to empowering today's youth—teaching them powerful skills to succeed both now and into the future.** These skills support key areas: academic success, youth leadership & entrepreneurship, as well as self-esteem & risk-taking.

**YCC's mission is simple—to help today's youth lead lives they LOVE!** Says Rob, "It's not about raising super-stars, but rather, giving regular kids & teens the skills and support they need to succeed,"

